

**Beyond the Syrian Sea***January 27-29 (2 days Reg Fee £25)*

We journey for inspiration to Syria, the 'Cradle of Christianity:' a church of Jewish roots established by the Apostles, a land of wandering preachers, mystical poets, missionaries, sages and eccentrics.

Dom Brendan Thomas**Christ in his Mysteries: the Lent Retreat***February 20-23 (Midweek 3 days Reg Fee £28)*

At every stage of Christ's life St Augustine found beauty. We enter into the story of salvation to meet the one 'beautiful in heaven, beautiful on earth.'

Dom Brendan Thomas**The Business of Heaven***March 23-25 (2 days Reg Fee £25)*

Reflecting on life and faith with the imagination and common sense of the 'apostle to the skeptics,' C. S. Lewis.

Dom Andrew Berry**The Belmont Easter Retreat April 5-9 (RFee £30)**

From Maundy Thursday enter the Sacred Triduum to pray and live the Paschal Mystery of Christ.

Dom Simon McGurk & Dom Andrew Berry**The Gospel of John at Easter***April 20-22 (2 days Reg Fee £28)*

A renowned scripture scholar shares his insights into John's beautiful Gospel.

Dom Henry Wansbrough**The Sacraments, Pathways to Holiness***May 14-17 (Midweek 3 days Reg Fee £28)*

Vatican II led us to an exciting renewed understanding of the Sacraments. Have we grasped their profound source and meaning? Of special interest to catechists and parish lay ministers.

Dom Simon McGurk**Veni Creator: Plainsong and Prayer***May 25-27 (2 days Reg Fee £25)*

Praying, learning and singing the great chants of Pentecost. Rediscover those ancient melodies.

Abbot Paul Stonham**An Art History Retreat***June 11-14 (Midweek 3 days Reg Fee £25 plus £15 for 2 days' transport)*

We visit some of Herefordshire's exquisite Romanesque Churches and explore how 12th Century people read their Bibles and folklore through stone and carving.

Dom Simon McGurk**Portraits of Jesus***June 29-1 July (2 days Reg Fee £25)*

Who do you say I am? We reflect on the distinctive witness of each Gospel writer to the person of Jesus, and the portrait we have of him today.

Dom Brendan Thomas**Philippians: Take hold of the Prize***July 13-15 (2 days Reg Fee £25)*

We reflect on Paul's magnificent testimony to joy and friendship in the midst of difficulties and what it means to live a new life in Christ.

Abbot Paul Stonham**An Artist's Retreat Midweek***July 23-26 (3 days Reg Fee £10)*

A revival of a popular retreat for artists to share our monastic space and gardens and our round of monastic prayer. No actual tuition, but mutual help and some spiritual reflection.

Dom Simon McGurk**Throwing Open the Windows: Vatican II at 50***August 13-16 (Midweek 3 days Reg Fee £28)*

The Second Vatican Council enriched our thinking and set the compass for the Church to move forward in joy and hope. We revisit its great themes and reflect on its pointers to renewal 50 years on.

Dom Brendan Thomas & Dom Simon McGurk**Let My People Go!***Aug 31- Sept 2 (2 days Reg Fee £25)*

The Exodus is theology in epic style, and Moses its diffident hero. We retrace those footsteps from the Burning Bush to the Promised Land, and find there the pattern of our own journey of faith.

Dom Brendan Thomas**Fiesta: Living Faith***September 14-16 (2 days Reg Fee £25)*

Feasts and pilgrimages, souls and saints: celebrating the Christian faith in the Latin American way.

Abbot Paul Stonham & Dom Alex Echeandía Loro**A Saint for our Times?***September 28 - 30 (2 days Reg Fee £25)*

How can the life and teaching of John Henry Newman be an inspiration for us today?

Dr Joyce Sugg, Dom Brendan & Dom Andrew**The Pilgrim Church: Vatican II At 50***October 12-14 (2 days Reg Fee £25)*

For some who were young students during and immediately after Vatican II, it was like a lightning bolt, a veritable new Pentecost. Was it just something for excitable young theologians or was it real? And where are we now?

Abbot Paul Stonham & Dom Simon McGurk**Caravaggio's Bible***November 9-11 (2 days Reg Fee £25)*

Through the drama of light and shadow, flesh and blood, Caravaggio tells the story of human frailty and divine grace.

Dom Brendan Thomas**Icons: Images of Faith***November 23-25 (2 days Reg Fee £25)*

Icons are not just pictures, they are more like sacred poetry expressing the mysteries of Redemption. We reflect on the Christian faith expressed through art rather than language.

Dom Dyfrig Harris**The Road to Bethlehem***December 7-9 (2 days Reg Fee £28)*

For our advent retreat we open St Luke's Gospel for a story of hope, expectation and joy

Dom Brendan Thomas with Dom Simon**Christmas at Belmont December 24-27**

Guests are welcome for the Christmas liturgy and festivities. (*enquire for full details*)

BOOKING

To book, please send a completed **Registration Form** (available from the Retreats Office or online) and a cheque for the **Registration Fee** (made payable to *Belmont Abbey*).

E-mail bookings are accepted on payment of a bank transfer direct to the following: a/c no. 05619572 at NatWest, Broad St, Hereford, sort code 53-50-41, subject 'Retreats'.

If you require confirmation of your booking please enclose a stamped-addressed envelope.

The **Registration Fee**, which is non-returnable, covers the cost of the chosen event. Meals and accommodation costs are given below:

Residents

Retreatants are accommodated in Hedley Lodge, which provides a comfortable and relaxed atmosphere, with en-suite facilities, tea/coffee tray and direct dial telephone.

Ensuite Twin/Double: full board, per person/day £58.00

Ensuite Single: full board, per day £66.00

A limited number of Single rooms – not Ensuite – are available at £48, full board, per day.

Non-Residents

Breakfast £ 5.00 Morning Coffee £ 1.50

Lunch/Dinner £ 10.00 Afternoon Tea £ 1.50

HOW TO GET TO BELMONT

ROAD Belmont is three miles south-west of Hereford on the A465 Abergavenny Road. There is ample parking.

RAIL Services from London Paddington (via Newport or Oxford), Birmingham, Manchester & South Wales.

TAXI available at Train Station or tel: 0800 387 836.

BUS National Express to Hereford. From the Bus Station Madley/Hay or Abergavenny buses stop at the Abbey.

Further travel details are available on request.

BELMONT ABBEY

BELMONT ABBEY is a community of monks founded in 1859 to follow the 6th century Rule of St Benedict. Under the guidance of the Abbot the monks lead a common life of work, study and prayer. The main work of the community is pastoral - on parishes, on overseas missions and at the Abbey welcoming guests and visitors.



RETREATS take their rhythm from the *Divine Office* of prayer sung in the Abbey Church. Guests have time for private prayer and rest and to enjoy the peace and beauty of the Herefordshire countryside.

HEDLEY LODGE is the Abbey Guesthouse providing a comfortable and relaxed atmosphere for your retreat or for a few days break. Guests are invited to explore the monastery gardens and browse in the Abbey Shop.

ST BENEDICT in his Rule says that "all guests should be welcomed as Christ". At Belmont we try to continue that monastic tradition of hospitality and we look forward to welcoming you.

INFORMATION & BOOKINGS



Contact:

The Retreats Office
Belmont Abbey
Ruckhall Lane
HEREFORD
HR2 9RZ

Retreat Director:

Fr Brendan Thomas OSB

Monastic Guestmaster:

Fr Cadfan Williams OSB

Tel 07799 811 646 Bookings - Retreats Secretary

E-mail retreats@belmontabbey.org.uk

Web www.belmontabbey.org.uk

For private retreats, conference facilities, or holiday breaks contact Hedley Lodge on 01432 374747 or e-mail hedley@belmontabbey.org.uk

Belmont Abbey General Trust. Charity 226278. Vat Reg. No. 752786887



Belmont Abbey

HEREFORD

Retreats

Conferences/Workshops

2012

BENEDICTINE

Community · Spirituality · Hospitality